



# Teachers' Notes

## Curricular links to Health Education 5-14 National Guidelines and RSE Guidelines

### Attainment outcome: Taking responsibility for health

#### LEVEL A

STRAND	ATTAINMENT TARGET	RSE GUIDELINES
<b>Social health</b> This strand explores the interaction of the individual, the community and the environment in relation to health and safety.	Show simple ways of avoiding incidents e.g. crossing the road safely.	Road skills - Crossing the road safely.

### Teaching Background Information

- ➔ This lesson reinforces and extends Activities A2 and A4.
- ➔ Crossing the road safely is a procedure all young children must be made aware of. At this stage pupils should be aware of:
  - ➔ Crossing with the supervision of a school crossing patroller or parent/carer.
  - ➔ Thinking first.
  - ➔ Stopping at the kerb.
  - ➔ Holding hands.
  - ➔ Looking out for traffic when crossing the road.
  - ➔ Listening for traffic when crossing the road.
  - ➔ Walking straight across to the opposite side of the road.
- ➔ If you decide to take the pupils outside to practise crossing the road, it is important that they are well supervised and that permission is sought from the headteacher.
- ➔ For more information refer to Teaching Background Information in Activities A2 and A4.



### Useful Websites

[www.hedgehogs.gov.uk/arrivealive/walking/walking2.htm](http://www.hedgehogs.gov.uk/arrivealive/walking/walking2.htm)



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## Aims

- ➔ To encourage children to cross the road safely.

## Learning Outcomes

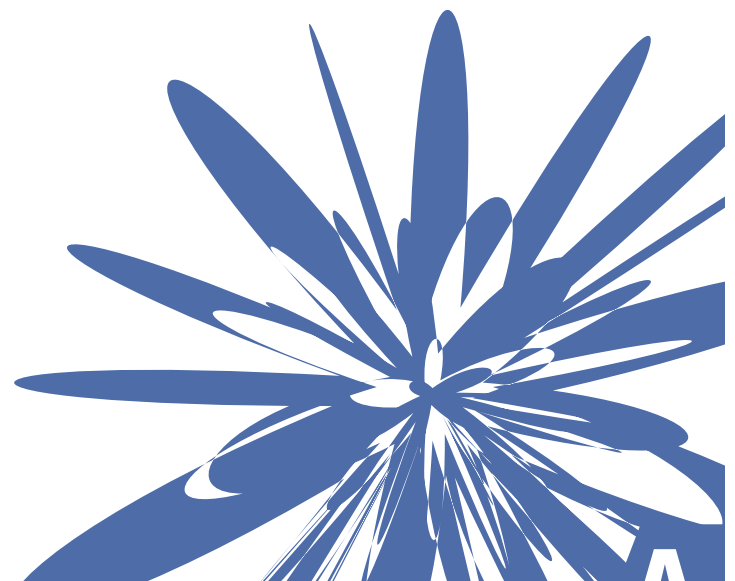
- ➔ Understand the importance of continuing to look and listen for traffic when crossing the road.
- ➔ Understand the importance of holding hands and walking, not running, straight across to the other side of the road.

## Resources

- ➔ A2 "Arrive Alive" poster – Walking (DfT).
- ➔ Access to open space.
- ➔ Skipping ropes or chalk.
- ➔ Gym Card 2: Physical Activity A5 – Crossing Safely.

## Suggested Timing

- ➔ 20 minutes.





# Suggested Lesson Plan

## Suggested Development of Lesson

- ➔ Recap and question pupils on previous lessons - Activity A2 'Holding Hands' and Activity A4 'Think, Stop, Look, Listen'.
- ➔ Talk to the pupils about some more ways of crossing the road safely e.g. walking, not running, across the road.
- ➔ In an open space, drama room or GP room, chalk a pavement on the floor or use a rope for an imaginary kerb. Remember to mark the kerb at the other side of the road.
- ➔ With a pupil demonstrate crossing the road safely in front of the class. Emphasise holding hands, stopping at the pavement first, then looking properly and listening as you walk straight across the road to the opposite pavement.
- ➔ Organise the pupils in pairs and tell them you and their classmates are going to watch each other to see who crosses the road using the safe crossing procedure.
- ➔ At least three pairs could role play this at the same time.
- ➔ Provide feedback when each pair has got to the opposite pavement and praise those who followed the safe crossing procedure.
- ➔ If any pairs missed out part of the safe crossing procedure focus their attention to a pair who did so correctly and allow them a second chance at role playing.
- ➔ Before returning to class ask the pupils some questions to reinforce the safe crossing procedure. Below are some example questions:
  - ➔ What is the first thing you do if you want to cross the road?
  - ➔ Where do you stop?
  - ➔ What do you have to look out for?
  - ➔ Do you run across the road? Why not?

This age group finds it difficult to judge speed and distance.



# Suggested Lesson Plan



## Assessment

- ➔ Assess the pupil's ability to role play crossing the road using the safe crossing procedure. Their role play should include:
  - ➔ Holding hands.
  - ➔ Stopping at the kerb.
  - ➔ Looking e.g. turning their head from side to side and looking properly.
  - ➔ Listening e.g. turning their head from side to side, but not just shaking their heads.
  - ➔ Walking straight across to the opposite side looking and listening.

## Curricular Links

- ➔ Expressive Arts – Drama: Investigating and experimenting.
- ➔ Expressive Arts – Drama: Observing, listening, reflecting, describing and responding.

## Follow-up/Homework Activities

- ➔ Gym Card 2: Physical Activity A5 – Crossing Safely.
- ➔ Ideally this lesson should be repeated outside in a real environment in well supervised small groups. Your local road safety officer will be able to offer advice.
- ➔ Play stopping games e.g. musical statues.
- ➔ Play looking games e.g. I spy.
- ➔ Use model road furniture to role play situations.

